**QUESTION 1**

In what location do skin tears most commonly occur?

1. Any area of the body.
2. Arms and hands.
3. Shin or lower leg.
4. Head.

Answer(s):

**QUESTION 2**

Which of these features characterise a skin tear?

1. A break in the skin as a result of an injury.
2. A traumatic wound that occurred because of friction or shearing and friction.
3. The epidermis is torn from the dermis (known as a “partial thickness wound”).
4. The epidermis and dermis have torn away from the underlying tissue (known as a “full thickness wound”).
5. An injury commonly caused by bumping into furniture or a fall.

Answer(s):

**QUESTION 3**

Using the STAR classification system,

which category is this skin tear?

1. Category 1a
2. Category 1b
3. Category 2a
4. Category 2b
5. Category 3

Answer(s):

**QUESTION 4**

Using the STAR classification system,

which category is this skin tear?

1. Category 1a
2. Category 1b
3. Category 2a
4. Category 2b
5. Category 3

Answer(s):

**QUESTION 5**

Using the STAR classification system,

which category is this skin tear?

1. Category 1a
2. Category 1b
3. Category 2a
4. Category 2b
5. Category 3

Answer(s):

**QUESTION 6**

Using the STAR classification system,

which category is this skin tear?

1. Category 1a
2. Category 1b
3. Category 2a
4. Category 2b
5. Category 3

Answer(s):

**QUESTION 7**

Using the STAR classification system,

which category is this skin tear?

1. Category 1a
2. Category 1b
3. Category 2a
4. Category 2b
5. Category 3

Answer(s):

**QUESTION 8**

You should manage skin tears by:

1. Controlling the bleeding and cleaning the wound.
2. Leaving any separated or lifted skin flaps where they are.
3. Assessing tissue loss.
4. Leaving the wound open to the air to dry.
5. Assessing the client’s general health.
6. Applying a dressing.
7. Using an adhesive to secure the dressing.

Answer(s):

**QUESTION 9**

Which of the following strategies help prevent skin tears?

1. Using pH neutral products to cleanse and moisturise the skin.
2. Gentle handling.
3. Covering and padding walking frame supports and wheelchair arms/footrests.
4. Ensuring some clients wear limb protectors.
5. Ensuring good lighting in bedrooms and living areas.

Answer(s):